

Patient Discussion Guide

For Patients with Recurrent Brain Tumors

A resource to support conversations for patients considering GammaTile® for recurrent operable gliomas, meningiomas, and metastases.

We know hearing that your brain tumor has come back is the last thing you wanted. It's overwhelming, it's frustrating, and it's unfair. But you are not alone. This next chapter is about strength, clarity, and action. We're here to help you take control and give you the tools to face what's ahead with confidence.

This discussion guide is meant to empower you with helpful questions and talking points as you prepare for the next steps in your treatment journey. **Be sure to bring this to your next appointment with your doctor.**

"GammaTile has allowed me to live on. The idea is that the tile is a lasting effect. I like the sound of that compared to the external beam."

– **Brian**, GammaTile patient

TIPS AND BEST PRACTICES FOR YOUR NEXT APPOINTMENT

1. **Ask your doctor if you can record the visit** (audio only)
 - a. There is a lot to take in. Having a recording can help when you want to revisit the conversation later or share it with your loved ones. That way you can be present and engaged in the moment rather than worrying about taking notes.
2. **Don't feel rushed – this time is devoted to you and only you.**
3. **Ask follow-up questions if something isn't clear.** No question is too small or too simple – your concerns matter.
4. **Be patient with yourself.** It's completely normal to feel overwhelmed.
5. **Bring a loved one or close friend to support you and help ask questions.**
6. **Bring a bottle of water with you.** Water can help settle your nerves, keep your throat from getting dry, and give you a moment to pause if things feel heavy.
7. **Take a moment before you go in.** Take a moment before you go in. Others have stood where you are now – facing the unknown, asking the hard questions. This is the next step in your fight, but you are not alone. We're here to support you, every step of the way.

QUESTIONS TO ASK WHEN YOUR TUMOR RECURS

Understanding Tumor Recurrence

What does it mean that my tumor has returned?

How does my tumor differ now from my initial diagnosis? (Location, size, growth rate, etc)

Can you walk me through the imaging so I can understand?

Why do brain tumors come back after treatment?

Is the recurrence in the same area, or somewhere else? (Is this the same tumor?)

What are the goals of treatment for recurrent tumors, and how is this different from a newly diagnosed tumor?

Can my tumor come back after treatment? What happens if it does?

What resources are available to support myself and my family?

Does this office have a patient navigator or someone who can help me explore available support and resources?

Treatment Options After Recurrence

What treatment options are available for recurrence?

How might treatment differ from before?

Am I a candidate for surgery?

Have I exhausted standard therapies, or are there others I should consider?

Are there any new clinical trials I should consider?

How will this treatment affect my quality of life?

If this treatment does not work, what’s the next step?

What are the potential benefits and risks of each treatment option?

Outlook and Prognosis

What does this recurrence mean for my overall prognosis?

How have patients with a similar diagnosis handled this?

What might the disease progression look like moving forward?

Managing Daily Life

How will treatment affect my daily life?

What support services are available to me?

Are there resources for transportation, lodging, and childcare if I need to travel frequently?

Recovery and Follow-Up

What does recovery look like after treatment for recurrence?

What follow-up care will I need?

How often will I need imaging?

Are there any symptoms I should watch out for?

CONSIDERING GAMMATILE AS PART OF YOUR TREATMENT PLAN

GammaTile is one of the options available for patients with recurrent, operable brain tumors. It may be used in combination with other treatments and is designed to deliver targeted radiation therapy directly to the area where the tumor was removed. Your doctor can help you decide if GammaTile is appropriate for your type of tumor and your treatment goals.

Additional Notes



For product information or assistance, or to be connected with your GammaTile representative, contact:

GammaTile Customer Service Department
(833) 662-0044 | customerservice@gtmedtech.com

For adverse event reports and product complaint reports, contact:

GammaTile Medical Information Department
(833) 662-0044 | feedback@gtmedtech.com

GammaTile® is indicated as a treatment for patients with newly diagnosed malignant intracranial neoplasms and patients with recurrent intracranial neoplasms. The potential for, and symptoms of, adverse events related to radiation exposure vary depending on the radiosensitivity of the exposed tissue, the amount of radiation delivered, and the placement of GammaTile(s). GammaTile should not be used for patients with a known history of hypersensitivity to bovine-derived materials. More information on indications, contraindications, warnings, and instructions for use can be found in the GammaTile Instructions for Use.

CAUTION: The law restricts these devices to sale by or on the order of a physician.

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